

Services Provided for Elders in Nantucket

Updated May, 2011

Courtesy of the **Community Foundation for Nantucket**

We make it easy to care for Nantucket

www.cfnan.org

in cooperation with the

Nantucket Healthy Community Collaborative

24 hours a day / 7 days a week

FREE ★ Confidential ★ Multilingual/TTY

Mass 2-1-1 helps you find free information on:

- ★ Food
- ★ Shelter
- ★ Rent assistance
- ★ Utility bill assistance
- ★ After-school programs
- ★ Child care
- ★ Counseling
- ★ Senior services
- ★ Disaster relief
- ★ Much more!

The Nantucket Healthy Community Collaborative includes representation from a wide range of community stakeholders who are committed to addressing Nantucket's Human Service needs. The goal of the NHCC is to continually improve community resources which enable the people of Nantucket to live more healthy lives.

A Safe Place, Inc.

24 Amelia Drive, Nantucket, MA 02554

Kat Robinson Grieder, Executive Director

508-228-0561

info@asafeplacenantucket.org

www.asafeplacenantucket.org

A Safe Place offers the following programs: Domestic Violence Community Based Services, Sexual Assault Prevention & Survivor Services, Supervised Visitation, and Child Witness to Violence Services. Our services include: 24-hour hotline, crisis intervention, supportive counseling, safety planning, advocacy (court, legal, medical, police), and outreach/education for the community. Our Supervised Visitation Program provides a safe and comfortable place to exchange or visit with children as well as parenting support. Our Child Witness to Violence Program provides counseling for children who have witnessed or experienced violence in the home. Services are confidential and nearly all are free of charge. Interpreters available; GLBTQ welcome.

Alzheimers Services of Cape Cod & the Islands

765 Attucks Lane, Hyannis, MA 02601

Alisa Galazzi

508-775-5656

info@alzcapecod.org

www.alzcapecod.org

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To provide information, education, and support for people on Cape Cod, Martha's Vineyard and Nantucket who have Alzheimer's disease or a related dementia and the families and professionals who care for them. We are just a call away! Alzheimer's Support Meetings are held the last Friday of each month at Our Island Home.

Audible Local Ledger, Inc.

681 Falmouth Road, C-14, Mashpee, MA 02649

Sherry Bergeron, Executive Director

508-539-2030

AllRadio@verizon.net

www.AudibleLocalLedger.org

A state-wide radio information network that provides the reading of daily and weekly newspapers, current periodicals, shopping guides, best selling books, community events, and other material available only in print. Broadcasted over closed-circuit radio stations, we turn print into sound 24 hours a day, 7 days a week. Services are available free to individuals who are unable to read printed material due to vision loss or other physical disabilities on Cape Cod and the Islands

Cape Organization for Rights of the Disabled (CORD)

106 Bassett Lane, Hyannis, MA 02601

Nan Jerige, Information & Referral

508-775-8300 ext. 17

800-541-0282 ext. 17

cordinfo@cilcapecod.org

www.cilcapecod.org

The Cape Organization for Rights of the Disabled (CORD) has been aggressively working since 1984 to advance the independence, productivity, and integration of people with disabilities, including deaf and hard of hearing people, into mainstream society. CORD's Deaf and Hard of Hearing Independent Living Services (DHILS) program is a subcontract of DEAF, Inc. and is especially designed for people who are deaf and hard of hearing. Staff provides information on assistive technology, emergency preparedness, health insurance, communication access, and making your home safe and accessible.

Commission on Disability

16 Broad Street for mail: Office at 15 Commercial Street

Nantucket, MA 02554

Brenda McDonough

508-228-8085

comdis@nantucket-ma.gov

www.Nantucket-ma.gov

The Commission provides information, referrals, guidance, and advice to individuals, businesses, organizations, and public agencies in all matters pertaining to access and disability related concerns. The Commission also issues Nantucket disabled parking permits to qualified applicants.

Community Action Committee of Cape Cod & the Islands

115 Enterprise Road, Hyannis, MA 02601

Estelle Fritzinger

508-771-1727 ext. 148

estellef@cacci.cc

www.cacci.cc

Community Action Committee of Cape Cod & Islands, Inc. is committed to providing services to help empower and improve the lives of low-income residents of Barnstable, Dukes and Nantucket counties by providing resources and self-advocacy skills to attain and support self-sufficiency. **“Skill-Building For Caregivers”** offers workshops and free DVD’s on Nutrition, In Home Safety, Mobility, and Relaxation and a Handbook that provides step by step training modules and a community resource directory for informal and family caregivers of seniors. **“Connecting Seniors to Services”**: assistance in applying for SNAP (*food stamps*) benefits; nursing home advocacy; information & referral focused on the needs of seniors. **For more information please call (508) 771-1727 x 159 or (800) 845-1999 x 159.**

Elder Services of Cape Cod & the Islands, Inc.

144 Orange Street, Nantucket, MA 02554

Sheri Hunt

508-228-4647

sheri.hunt@escci.org

www.escci.org

Elder Services is a not-for-profit community based organization dedicated to serving older adults in Barnstable, Dukes and Nantucket counties. As a central source for information and services enabling elders to enhance their quality of life and maintain their independence, Elder Services programs include Information and Referral, Home Care Program, Senior Nutrition, Long Term Care Screening, Money Management and Senior Service Corps. Elder Services also awards Older American Act community grants to local nonprofits who provide needed services to elders.

Family & Children’s Services of Nantucket County

20 Vesper Lane, L-1 Gouin Village

Peter Swenson

508-228-2689

pswenson@fcsnantucket.org

FCSN provides a broad range of mental health services to adolescents, adults, couples, and families who have experienced stress and conflict in their lives. The staff has expertise in helping people with problems including mood disorders, relationship and family issues, job stress, and many other life crises and transitions. Our team of Social Workers, Counselors, and Psychologists provide a continuum of community-based services. Counseling services include individual psycho-therapy for adults and adolescents, psychiatric services, substance abuse services and family therapy. Outpatient mental health counseling is available to all seniors, and psychiatric and pharmacological services are provided 9 days a month.

Mass Audiology

84 Route 6A, Orleans, MA 02653

Barbara Eaton

508-255-1285

beaton@massaudiology.com

www.massaudiology.com

Barbara Eaton has been a licensed hearing consultant for more than 30 years, servicing the public, nursing homes, and the Council on Aging on Cape Cod, Martha's Vineyard, and Nantucket's Saltmarsh Center. She also makes the occasional house call. Her services include free hearing tests, consultations, doctor referrals, cleaning and maintenance of hearing instruments, and a full range of hearing products.

Nantucket AIDS Network

35 Old South Road, Nantucket, MA 02554

Francesca Ifantiedes, Executive Director
508-228-3955
francesca@nantucketaids.org
www.nantucketaids.org

Nantucket AIDS Network (NAN) is the island's center for HIV/AIDS and hepatitis care, prevention and education. We offer case management, wellness support and emergency assistance for Nantucket residents living with HIV/AIDS and/or Hepatitis C. We provide free testing for HIV and Hepatitis C, free screenings for Gonorrhea, Chlamydia and Syphilis, as well as free vaccinations for Hepatitis A & B. Prevention efforts include individualized risk assessments and risk reduction planning, supported referrals to other services which may help lower an individuals risk for HIV or hepatitis, trainings and other educational resources for community members and visitors.

Nantucket Center for Elder Affairs – Saltmarsh Center

81 Washington Street, Nantucket, MA 02554
Linda Roberts, Director
508-228-4490
towncoa@nantucket.net
www.nantucket-ma.gov

We offer between 6 and 12 activities and recreational programs daily. Aerobics, Tai Chi, Yoga, Arm Chair Exercise, Fall Prevention (Matter of Balance) Program, SHINE counselors, hearing aid services, Congregate Lunch host, Social Security host, WIC host, and Veteran's host site, Men's Breakfast/monthly, Quilting, Beading, Knitting, Art Classes, Cribbage, Social and Duplicate Bridge, Movies, Book Review, Lending Library, Mah Jongg, board games, cards, Annual Elder Expo, and Healthy Eating for Successful Aging. Referral and coordination of services with all providers of care for those 60 and older.

Nantucket Community School Adult Education/GED

Room 2, CPS, 10 Surfside Road, Nantucket, MA 02554
Michelle Meckler
508 228 7280 ext 1571
mecklerm@nps.k12.ma.us
www.nantucketcommunityschool.com

The Adult Education program runs approximately 70 programs throughout the fall and winter. Classes are offered in the following categories: Computers, Business and Career Skills, First Aid and CPR, Language Arts, Culinary Arts, Pets, Life Issues, Personal Awareness, Arts and Crafts, English as a Second Language and GED classes and testing.

Nantucket Community Services – Landmark House

144 Orange Street, Nantucket, MA 02554
Cheri Goulding, Executive Director
508-228-6888
Landmarkhouse@verizon.net

Affordable Housing for the elderly and disabled. Federally subsidized by USDA-Rural Development and U.S. Department of Housing and Urban Development (HUD).

Nantucket Cottage Hospital Social Services Department

57 Prospect Street, Nantucket, MA 02554
Peter MacKay
508-825-8195

pmackay@partners.org

Nantucket Cottage Hospital's Social Service Department provides an average of 30 hours per week of a broad array of "community" social services in addition to their primary hospital responsibilities. Areas addressed include general financial assistance via insurance counseling, enrollment assistance in Public Health programs, debt and budget counseling, enrollment in MassHealth, State Insurances, (Commonwealth Care), Food Stamps and Medicare D Prescription plans. Other areas where assistance has been provided include accessing interpreter assistance, help with accessing medications, case management, crisis intervention, long term planning and pro active planning for gaps in service. This office also assists with helping patients get to off island medical appointments when eligible through various funds. All ages are served from infancy to geriatrics.

Nantucket Emergency Food Pantry

2 Madaket Road (Office) 20 Fair Street (Pantry)

Andrew Reis

508-228-7438

ackfoodpantry@comcast.net

www.nantucket.org/interfaith

Provides food on a temporary basis to persons with no or little income who cannot purchase food for themselves and their families, including persons with limited resources, the elderly, disabled, and those with other special circumstances. Pantry is open Tuesdays and Thursdays, 4-6PM at 20 Fair Street, St. Paul's Church Annex.

Nantucket Regional Transit Authority (NRTA)

2 East Chestnut Street, Nantucket, MA 02554

Paula Leary, Administrator 508-325-9571

Cindy Clarkson, YIR Scheduler 508-325-7516

yir@nantucket-ma.gov; nrtat@nantucket-ma.gov

www.nrtawave.com

The NRTA provides year round advanced reservation door to door van service called Your Island Ride for elders 60 years of age or older and persons with disabilities based on eligibility. There is a \$1.00 per trip charge for in schedule trips or a three month pass is available for \$50. The NRTA also provides seasonal fixed route transportation services and complementary paratransit service. All NRTA vehicles are handicap accessible. Seniors 65 & older and persons with disabilities are half fare and senior/disabled season passes are \$40.

Nantucket Rental Assistance Program

2 Madaket Road, Nantucket, MA 02554

Janis Carreiro

508-901-1320

nrapoffice@comcast.net

www.nantucket.org/interfaith

Provides short term rental assistance to island residents who meet qualifications and have temporary financial difficulty and cannot pay their rent or need to move to affordable, safe, year round housing, primarily in the private sector.

Nantucket Visiting Nurse Association (VNA)

c/o NCH, 57 Prospect Street, Nantucket, MA 02554

Sandie Corr-Dolby

508-825-8300

info@nantucketvna.org

www.nantucketvna.org

Nantucket VNA is a Medicare certified home health care agency. We offer a full range of home health services, with specialties from pediatrics to geriatrics. We can provide skilled nursing, rehabilitation services, personal care assistance, homemakers and medical social work. Our services are available seven days a week year round.

Our Island Home

9 East Creek Road, Nantucket, MA 02554

Rachel Day, Administrator

508-228-0462

rday@nantucket-ma.gov

Our Island Home is a 45-bed Skilled Nursing Facility located on the "Creeks" on the Island of Nantucket. We provide 24 hour nursing care for those people who can no longer safely remain at home. OIH meets the needs of the Nantucket Community through Medicare and Medicaid certified inpatient services, geriatric related education and outreach programming. Alzheimer's Support Meetings are held the last Friday of each month at Our Island Home.

Palliative & Supportive Care of Nantucket

57 Prospect St., Nantucket, Ma. 02554

Charlene Thurston, RN, ANP, Program Director

508-825-8325

pascon@partners.org

www.pascon.org

Palliative & Supportive Care of Nantucket is a program of specialized health care, education, and counseling for persons facing any stage of life-threatening illness and support for their families. Services are available throughout the continuum of illness, from the time of diagnosis through cure, or, if cure is unlikely, through advancing illness, death, and bereavement. Care is provided through an interdisciplinary team and is available in any setting – office, home, hospital, or nursing home. All services are provided free of charge. While the program is operated as a department of Nantucket Cottage Hospital, it is funded through fund-raising and donations to Palliative and Supportive Care of Nantucket Foundation.

Senior Day Center (SDC)

c/o Our Island Home, 9 East Creek Road, Nantucket, MA 02554

Mary Richrod

508-325-5349

Isleaway2@gmail.com

Senior Day Center provides a supported day program three days per week. The program is offered each Tuesday, Thursday and Friday from 8:30 AM until 2:00 PM. Mary Richrod, RN is the SDC Program Manager. Funding and administration is provided through the Town of Nantucket - Our Island Home. Elder Services may provide funding for eligible clients. This program is designed to enhance the physical, emotional and social well-being of senior adults, especially those who are socially isolated due to physical or emotional limitations. The staff is trained to help those who may need some assistance in self-care, such as stroke victims, people with Alzheimer's, Parkinson's and other age related limitations. The SDC program

center is held in Father Griffin Hall at 15 Cherry Street and provides regular periods of respite for participants' families and care givers.

SHINE (Serving the Health Information Needs of Elders)

Yarmouth COA, 528 Forest Road, W. Yarmouth, MA 02673

Sonja Brewer, Regional Director

800-334-9999

sbrewer@yarmouth.ma.us

This program provides free health insurance information, assistance, and counseling to Medicare beneficiaries of all ages and their care givers. The Massachusetts Executive Office of Elder Affairs supports the SHINE program in partnership with elder service agencies and Councils on Aging. SHINE is partially funded by the Centers for Medicare and Medicaid Services (CMS). The SHINE Program ensures that healthcare consumers have a competent, committed, and compassionate consumer-focused network of staff and volunteers who provide accurate and objective information through innovative community programs at the state and local levels.

Sight Loss Services

81 School Street, PO Box 414, W. Dennis, MA 02670

508-394-3904

800-427-6842

Sightloss@verizon.net

www.jwen.com/sls/

Sight Loss Services is a self-help human service organization by and for the newly blind, the visually handicapped, and people with progressive disease, dedicated to safe and independent living. Sight Loss provides adaptive aids, an information and referral network, and education and support for family and caregivers for the visually impaired.

Social Security Administration

100 North Street, PO Box 369, Hyannis, MA 02601

Ralph Gallant

508-775-0364

Ralph.gallant@ssa.gov

Social Security representatives are available on line and by phone and will not return ***until a need is demonstrated by calling the Falmouth office at 1-508-548-8150***. They anticipate coming in the spring and summer on the fourth Wednesday of each month from 10—noon and 1 to 2:30 PM at the Saltmarsh Senior Center, 81 Washington Street. First come, first served.

South Coastal Counties Legal Services, Inc.

460 West Main Street, Hyannis, MA 02601

Ray Yox

508-775-7020 ext. 2011

800-742-4107 ext. 2011

ryox@sccls.org

South Coastal Counties Legal Services, Inc. (SCCLS) is a non-profit charitable corporation, which serves clients in Barnstable, Bristol, Dukes, Nantucket and Plymouth Counties in the Commonwealth of Massachusetts. Attorney and paralegals represent clients with legal problems in our priority areas of special importance to the poor and elderly. SCCLS also provides some group representation, and community

education. SCCLS' Elder Law Project, whose lead attorney visits Cape and Islands senior centers weekly, provides legal services to elders who are economically or socially disadvantaged. Priority areas include housing, government benefits, Medicare, Medicaid, reverse mortgage counseling, and general health law concerns.

Town of Nantucket Department of Human Services

Bathing Beach Road, Nantucket, MA 02554

Pam Meriam

508-325-7559

pmeriam@nantucket-ma.gov

Town of Nantucket Department of Human Services provides direct and indirect care in the realms of short term rehabilitative and long term care, senior day care, senior activities, access for disabled, assistance with applications for food stamps and fuel assistance and referral to other island and off island agencies as appropriate/needed to provide services to Nantucket Residents. Alzheimer's Support group is available through this department. Town of Nantucket Contract Review Committee, Council for Human Services, Commission on Disability and Council on Aging are all included in the Department of Human Services.